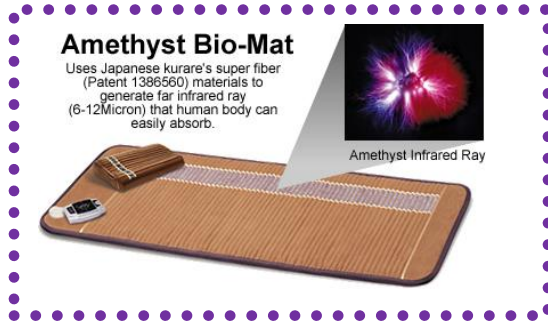


# Tona's Energy Studio

REIKI - THE HEALING TOUCH

## Introducing the Amethyst BioMat



**Tona McMurrin**

Reiki Master, Teacher & Practitioner

Reiki Classes & Private Reiki Sessions  
Private Amethyst BioMat Sessions

At Saratoga Beach, Vancouver Island, B.C.

Phone: 250-337-2091

E-mail: [tona@tonasenergystudio.com](mailto:tona@tonasenergystudio.com)

Website: [www.tonasenergystudio.com](http://www.tonasenergystudio.com)

*Tona's Energy Studio is now offering  
sessions on the Amethyst BioMat.*

**The Amethyst Bio Mat has been known to:**

- Relieve pain and joint stiffness
- Increase blood circulation
- Decrease hyperactivity
- Strengthen the cardiovascular system
- Rejuvenate skin and cellular function
- Induce deep Delta State of relaxation
- Reduce stress and fatigue
- Boost the immune system
- Burn calories and control weight
- Remove waste and toxins
- Boost energy and vitality
- Regulate psychological well being

### **Amethyst**

Amethyst has become known as a power crystal with prolific healing powers that can be characterized as purifying, pacifying and transitional.

Amethyst is universally accepted as the healing crystal and has been since ancient times. Amethyst is identified as a crystal that functions favorably in clearing certain types of blockages within the Aura and in aligning the Chakras.

The Amethyst is known to calm and protect the mind and is known as "nature's tranquilizer".

Amethyst stones are very strong emitters of Far Infrared Rays, which deeply penetrate organic substances (including the human body) and infuse those substances with very uniform warming effects. Known for its power to detoxify the body, the Amethyst also

produces Far Infrared Rays. These rays revitalize the biological function of your cells to: increase blood circulation, promote perspiration, relieve neuralgia, backaches and arthritis, as well as eliminate toxins. Far Infrared Rays are good for relaxation, perform an antibacterial function and purify the air.

### **The Effect of Long Wave Infrared Rays on our Bodies**

Our body consists of about 80% water and a variety of other materials, such as proteins, hormones, enzymes and nerve tissue which all play an important role.

Long Wave Infrared Rays not only warm our bodies, but they stimulate various bodily functions. When Long Wave Infrared Rays are beamed into the body they are absorbed by the body and they resonate through it.

Perspiration is directly related to body temperature. The Far Infrared Rays penetrate deeply into our skin, and they eliminate waste materials through skin pores. They promote good blood circulation.

### **Benefits of Far Infrared Rays**

The results of Far Infrared Rays on the human body are an improvement in cleansing. The absorption of the infrared rays by the body begins with the elimination of carbon dioxide. All living bodies have toxins (waste material, poisons) which accumulate at the body joints. There will eventually be positive evidence of improvement of the body as waste materials are eliminated.

Far Infrared Rays improve our immune system by providing protection against harmful viruses and bacteria.

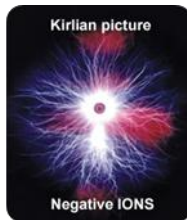
## Positive Ions & Negative Ions

The Amethyst BioMat has a special feature of direct conduction of negative potential that transforms Positive Ions into Negative Ions inside the human body. This process changes the acidic condition of the body to alkaline which is its natural healthy state.

## How do Negative Ions Make us Healthier

### Purification of Blood:

Through research done by Dr. Tanaka in Japan, it was discovered that when negative ionization is introduced, the ions in calcium and natrium (salt) in the blood increases, and the blood is purified by increasing blood alkalinity.



### Reviving the Cell:

When the amount of negative ions in the blood is increased, the function of a cell is activated. The electrical material exchange speeds up the cell function, and, as a result, nutrition is fully absorbed by the cells and waste material is eliminated. Metabolism is increased and the function of the cell is gradually revived.

### Increases Immunity:

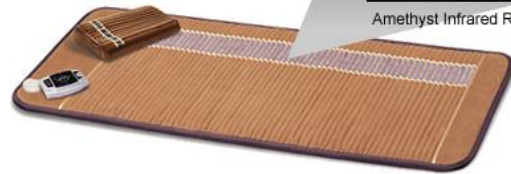
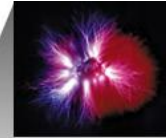
As the amount of negative ions increases, the Gamma Globulin in the blood increases resulting in blood rich in proteins and antibodies.

### Control Function of the Autonomic Nervous System:

Dr. Tanaka found that negative ions control the balance in the autonomic nervous system between the insulin and adrenal functions. This provides strong resistance to diseases.

## Amethyst Bio-Mat

Uses Japanese kurare's super fiber (Patent 1386560) materials to generate far infrared ray (6-12Micron) that human body can easily absorb.



The BioMat is a "pad" which converts electricity through a computerized control panel into Far Infrared Rays (FIR), nature's invisible light. FIR was discovered by NASA to be the safest, most beneficial light wave.

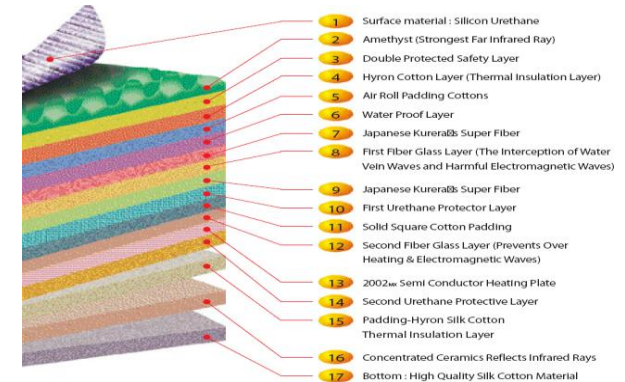
The Amethyst Bio Mat contains 28 pounds of Amethyst crystals which naturally produce Far Infrared Rays.

When the Amethyst BioMat is on pulses of current radiate through the layers containing the Japanese Kurare Carbon Ceramic Super Fiber Material generating Long Wave Far Infrared Rays that the human body can easily absorb. The Amethyst crystals amplify these Bio Natural rays so they can penetrate the body up to six inches.

### Bio-Mat Specifications

1. The RichWay Bio-Mat™ uses Japanese Kurare Carbon ceramic (Patent 1386560).
2. The RichWay Bio-Mat™ has a special function that emits Negative Ions and transforms + Ions to - Ions in the human body. It provides strength and energy and relieves pain.
3. The Kurare's Super Fiber Materials generate far infrared rays (8-12 micron) that the body can easily absorb.
4. The Bio-Mat emits negative ions and far infrared rays, which contributes to a healthy life.

The Bio-Mat Professional is registered as an FDA Medical Device #2954299



Interested in an Amethyst BioMat session?

**Private 45 minute session  
Introductory rate of \$30.00**

Contact:  
**Tona's Energy Studio at  
250-337-2091, or  
e-mail: [tona@tonasenergystudio.com](mailto:tona@tonasenergystudio.com)**

Further information may be obtained from [www.tonasenergystudio.com](http://www.tonasenergystudio.com) for Amethyst BioMat and/or Reiki sessions and classes.

Excerpts within this leaflet sourced from the manufacturer Richway International.

For further information on this marvelous Amethyst BioMat visit Richway's website at [www.richwayinternational.ca](http://www.richwayinternational.ca)

### Disclaimer:

The Amethyst BioMat is not meant as a substitute for medical, or psychological diagnosis and treatment. Tona's Energy Studio does not diagnose conditions, nor perform medical treatment, prescribe substances, or interfere with the treatment of a licensed medical professional. The Amethyst BioMat is meant to compliment medical treatments. It is recommended you see a licensed physician or licensed health care professional for any physical or psychological ailment you may have.